



Alder Health Services

# ANNUAL REPORT

FY 2022-2023



# Client Stories



As a person new to the area I feel case management at Alder was a great guide to the resources in the area. You have helped me so much."  
-Billie Jean



"Alder is the best. They delivered my meds today. I love you guys. I'm having a really rough day today and that made my day. I have tears in my eyes. You guys have helped me out so much. Early recover is very difficult and you guys have helped me so much. I'm literally sobbing. Have I told you lately how much I love Alder?"



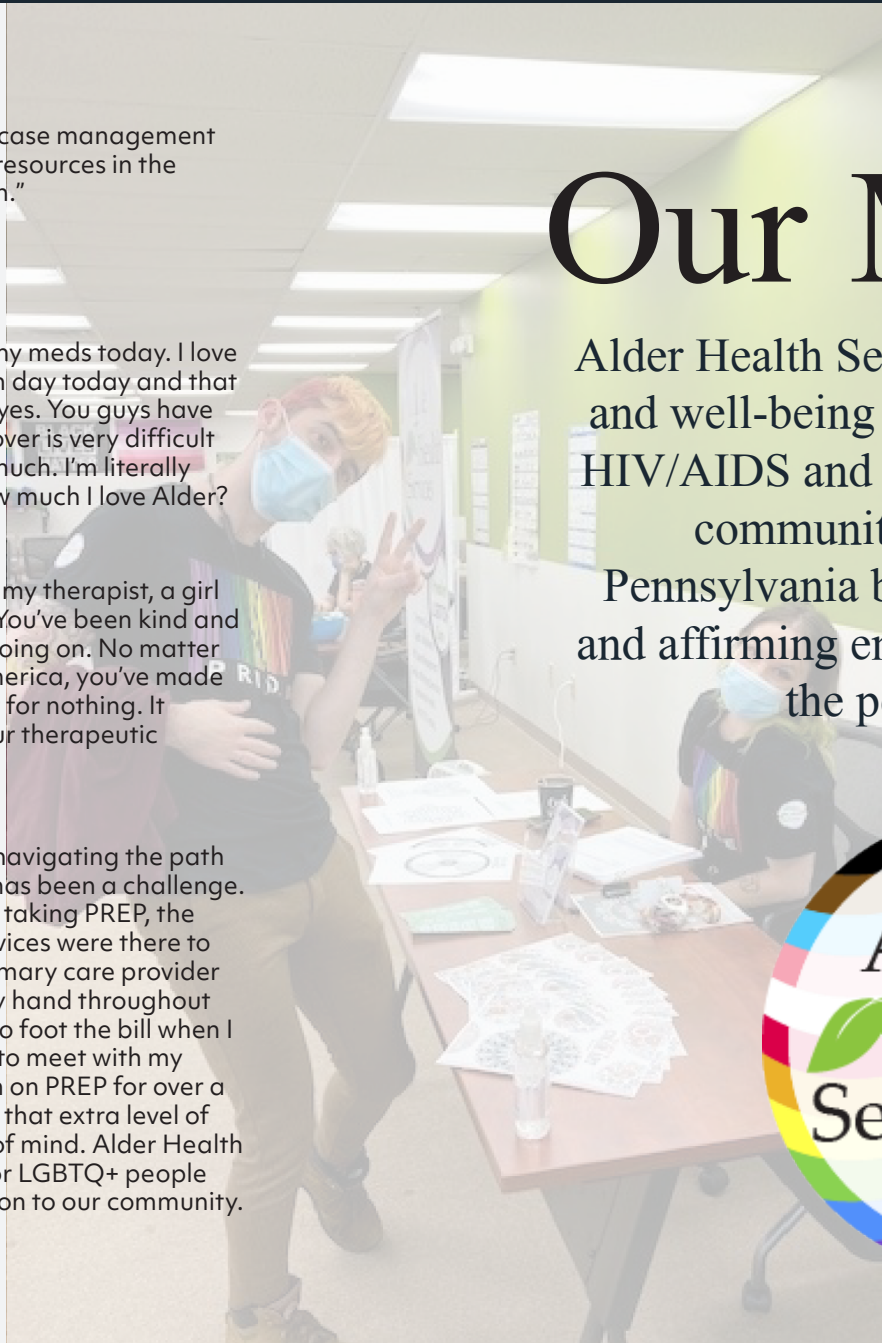
"Thank you, Shurondae, for being my therapist, a girl cannot ask for a better therapist. You've been kind and caring no matter what has been going on. No matter what happens to queer care in America, you've made a difference, it's not in vain, it's not for nothing. It means a lot to me, I really value our therapeutic relationship." – Anonymous



As a self-employed professional, navigating the path of independent health insurance has been a challenge. When I made the decision to start taking PREP, the professionals at Alder Health Services were there to educate me when my previous primary care provider couldn't. Not only did they hold my hand throughout the process, they also stepped in to foot the bill when I found out that I had a deductible to meet with my health insurance plan. I have been on PREP for over a year now and knowing that I have that extra level of protection gives me great peace of mind. Alder Health Services is a pillar in healthcare for LGBTQ+ people and I'm thankful for their dedication to our community.

## Our Mission

Alder Health Services improves the health and well-being of individuals living with HIV/AIDS and members of the LGBTQ+ communities in South Central Pennsylvania by providing an inclusive and affirming environment that empowers the people we serve.



# Donors

Fiscal Year 2021-2022

## Thank You

Financials  
Total Income  
\$8,466,431

Christopher Altman  
Ronique Baker  
Kim Banister-Heishman  
Shay Banks  
Robert Berry  
Russell Boggs  
Karen Brezitski  
Ellen Brown  
Rosemary Browne  
Kevin Burrell  
Shurondae Butler  
Stephanie Catano  
Chipotle Mexican Grill  
Coordinated Care Network  
Katharine & Samuel Dalke  
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Yolanda Edrington  
Chanda Ellzey  
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Meehan  
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Wendy McCullough  
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Dennis Wenger  
Rebecca Wenrich  
Arie Yoder  
Alvin Yu  
Holly Zearfoss



Donate Today

Contributions

2% \$129,245

Government Foundation Grants

12% \$1,043,664

Program Services

86% \$7,293,522

## Total Expenses

Management 6% • \$519,933

Program Service Fees 91% • \$7,660,422

Fundraising 3% • \$208,647

\$8,389,002



# Programs

Alder Health Services continues to focus on a fully-integrated and holistic system of care. This allows greater access, communication and physical proximity among behavioral health and primary care providers and the health center support team. The benefit of this health center model is to afford our medical patients and behavioral health clients the optimum in collaborative care, treatment, and referrals for specialty services.

## Behavioral Health

Individual, Couples, and Family Therapy is provided by our Masters-level therapists who are trained and experienced in working with stress, trauma, anxiety, intimacy issues, depression, gender identity,



sexuality, and much more. They are also skilled in working with those infected and affected by HIV/AIDS.

Therapy services are offered in-person and through telehealth.

## Community Outreach

Community members can participate in a host of programs and activities designed to engage their minds, bodies, and spirits. It is a safe and supportive space where individuals can care for themselves beyond their physical well-being. Class topics are diverse,



ranging from yoga and meditation to financial literacy, and nutrition. We see wellness as broad and holistic, rather than just a chance to flex! Whether you like to lift weights, learn new things, or participate in group activities or group classes, the Wellness Center has something for you!

## Medical Case Management

Our case managers help clients understand and access the many resources available to them including rental/housing assistance, prescription medication, utilities assistance, food, clothing and



other basic life necessities. Medical case management is available to HIV+ individuals residing in the counties of Adams, Cumberland, Dauphin, Franklin, Juniata, Lancaster, Lebanon, Mifflin, Perry and York.

## Primary Care

Primary Care services are fully integrated with Behavioral Health, Case Management and HIV/STI testing and treatment services in order to provide a holistic approach to patient care. As part of our



comprehensive approach, transgender health services are also available.

**175**

PrEP Patients

**557**

HRT Appointments

**63**

HIV Care

**359**

Case Management Clients

**30**

Clients for Housing Care



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